



July 2023

## Medicare and TRICARE for Life

Important information for beneficiaries who have a Naval Medical Center Camp Lejeune Primary Care Manager (PCM) and will be turning age 65.

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If you are aging into Medicare and TRICARE for Life, you will no longer be eligible for enrollment with a Primary Care Manager (PCM) at Naval Medical Center Camp Lejeune. Beneficiaries turning 65 are eligible for Medicare, but in order to maintain your TRICARE coverage, you must have both Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance). Once enrolled into Medicare, your TRICARE for Life (TFL), which functions as Medicare-wraparound health coverage, will automatically update.

Since you will no longer be enrolled to a PCM at Naval Medical Center Camp Lejeune, you must seek primary and specialty care in the network, however you will still be eligible for emergency services, immunizations, and pharmacy services at the Naval Medical Center.

If your birthday is on the first day of the month, you become eligible for Medicare on the first day of the month **before** you turn age 65. If your birthday falls **after** the first day of the month, you become eligible for Medicare on the first day of the month you turn age 65.

To assist you before turning age 65, you will be contacted by our Beneficiary Assistance Team to ensure you have a smooth transition to TRICARE For Life that will include providing you a list of Primary Care Managers in the area.

For detailed information, please see the TRICARE For Life Handbook and the TRICARE and Medicare – Turning Age 65 Brochure, both on our website.

If you have questions or concerns, please contact our Beneficiary Assistance Office at 910-450-4934 or 910-450-4153.

**PLEASE NOTE:** Enrollment into Medicare and TRICARE for Life does not affect your dental, vision, or pharmacy benefits. Dental and vision plans are through enrollment at [www.benefeds.com](http://www.benefeds.com). One routine eye exam is offered to any retiree every two years in the network.