

## Electronic Deployment Health Assessment (eDHA) Instructions

- 1- Website: <https://data.nmcphc.med.navy.mil/EDHA/>
- 2- CAC login can be used if available, otherwise username and password must be used.
- 3- Complete one of the following:
  - Existing users: (New Users go to #4)
    - i. Select “Forgot Password”
    - ii. Username is always your full SSN
    - iii. After creating new password, log in
    - iv. Select appropriate assessment (Pre, Post, PDHRA or DMHA), if not available in main area, select “+Report a New Assessment” from Assessment Controls column on left or “+Report a New Standalone DMHA” for MHA
    - v. Complete Demographics and questions, once completed select “Save” in Controls section on left, once “saved successfully” “Exit” in same section then “Sign Off” in upper right once returned to main page.
  - New users:
    - i. Select “Register New Deployer Account”
    - ii. Follow prompts to register
    - iii. Select “+ Create New Deployment”
    - iv. Complete Demographics and questions, once completed select “Save” in Controls section on left, once “saved successfully” “Exit” in same section then “Sign Off” in upper right once returned to main page.

After on-line assessment is complete, you must have a face-to-face interview with a certified provider either your unit medical or a provider at the Readiness Center, Deployment Health in Building 36.

For questions or guidance, please contact 910-449-9106.