

## Naval Medical Center Camp Lejeune Pharmacy – Over the Counter Medication List (Requires prescription from a Provider except Plan B One Step)

### Analgesics

Drug	Strength
Acetaminophen	160 mg/5 mL susp; 80 mg chews; 325 mg tabs; 120 mg, 325 mg suppositories
Aspirin	81 mg and 325 mg enteric coated tabs
Ibuprofen	100 mg/5 mL susp

### Vitamins, Minerals, and Supplements

Drug	Strength
Multivitamin	Adult tabs and children's chewable tabs
Prenatal Vitamin	Prenatal Vitamin with 0.8 mg of Folic Acid
Nephro-vite Vitamins	
Poly Vi Sol multivitamin infant drops	
Poly Vi Sol with iron infant drops	
Vitamins B1 (thiamine)	100 mg tabs
Vitamin B6 (pyridoxine)	25 mg tabs, 50 mg tabs
Vitamin B12 (cyanocobalamin)	1000 mcg tablets
Vitamin C (ascorbic acid)	500 mg tabs
Vitamin D3 (cholecalciferol)	400 IU/mL infant drops, 10 mcg (400 IU), 25 mcg (1000 IU), 125 mcg (5000 IU) tabs
Vitamin E (tocopherol)	400 IU caps
Calcium Carbonate	500 mg chewable tabs
Calcium Carbonate with Vitamin D	600 mg/400 IU tabs
Calcium Citrate (elemental calcium)	950 mg (200 mg) tabs
Ferrous Sulfate (elemental iron)	75mg (15 mg)/1 mL drops, 220mg (44 mg)/5 mL elixir, 325 mg (65 mg) tabs
Magnesium Oxide	400 mg tabs
Sodium Chloride	1 gm tabs
Ubiquinone (Coenzyme Q10)	200 mg caps

### Topicals

Drug	Strength
Ammonium Lactate	12% Cream and lotion
Bacitracin Ointment	
Benzoyl Peroxide	5% and 10% gel and wash
Calamine Lotion	
Capsaicin	0.025% cream
Chlorhexidine (Betasept)	4% solution
Clotrimazole	1% topical cream, 1% vaginal
Diclofenac*	1% gel
Emollient Ointment (Absorbase)	Auto-Substitution Policy in Effect
Emollient Cream (Vanicream)	Auto-Substitution Policy in Effect
Gentle Skin Cleanser (Ceta Klenz)	
Hydrocortisone	1% cream
Permethrin	1% rinse (NIX)
Piperonyl	4% shampoo (RID)
Salicylic Acid	17% gel (Compound W)
Terbinafine	1% cream
Urea	20% cream
Zinc Oxide	16% cream (Boudreaux's Butt Paste)

### Ophthalmic

Drug	Strength
Carboxymethylcellulose	0.5% (Refresh Tears), 0.5% PF (Refresh Plus), 1 % PF (Refresh Celluvisc)
Mineral Oil/White Petrolatum	42.5%/56.8% (Lacrilube)
Olopatadine*	0.1% Soln (Patanol, Twice Daily Pataday)
Sodium Chloride	5% solution and ointment

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### Cough, Cold, and Nasal

Drug	Strength
Cetirizine*	5 mg/5 mL soln, 5 mg and 10 mg tabs
Diphenhydramine	12.5 mg/5 mL soln, 25 mg caps
Fexofenadine*	30 mg/5 mL susp, 60 mg and 180 mg tabs
Fluticasone Nasal Spray*	50 mcg
Guaifenesin	100 mg/5mL soln; 600mg tabs
Guaifenesin/Dextromethorphan	100 mg-10 mg/5 mL soln; 600 mg/30 mg tabs (Mucinex DM)
Loratadine*	5 mg/5 mL soln, 10 mg tabs
Oxymetazoline Nasal Spray (Afrin)	0.05%
Pseudoephedrine	15 mg/5 mL soln, 30 mg tablets, 60mg tablets
Saline Nasal Spray	0.65%
Sinus Rinse Kits and Sinus Rinse Kit Refills	

### Gastro-Intestinal

Drug	Strength
Antacid	Regular Strength (Al-200 mg, Mg-200 mg, Simethicone-25 mg) chewable tabs Extra Strength (Al-400 mg, Mg-400 mg, Simethicone-40 mg/5mL) susp
Bisacodyl	5 mg tabs, 10 mg suppositories
Bismuth Subsalicylate	262 mg chewable tabs
Docusate Sodium	100 mg caps
Loperamide*	2mg caps
3350 PEG (Miralax)	238 gm, 510 gm powder
Psyllium Fiber (Metamucil)	Based on available size
Saline Enema	Adult (Fleet) and pediatric (Pedialax)
Simethicone	20 mg/0.3 mL infant drops, 80 mg chewable tabs
Glycerin Suppositories	1 gm, 2gm

### Diabetic Supplies

Drug	Strength
Freestyle Lite Glucometer	
Lancets and Test Strips (limit to 300 strips/90-day supply without a prior authorization)	
Alcohol swabs	
Insulin syringes 1/3ml, 1/2ml and 1 ml	
Keto-Diastix	
Pen needles	4 mm, 6 mm, and 8 mm
Prior Authorization is required on the following Products. Ordered with approximately 3 business day processing. <ul style="list-style-type: none"> <li>- Freestyle Libre Products</li> <li>- Dexcom G6 Products</li> <li>- Contour Next Test Strips</li> <li>- Accucheck Guide Test Strips</li> <li>- Omnipods (Classic/3, Dash/4, and 5)</li> </ul>	

### Miscellaneous

Drug	Strength
Doxylamine*	25mg
Levonorgestrel (Plan B One Step)*	1.5 mg, available without a prescription
Nicotine replacement Products**	<ul style="list-style-type: none"> <li>- Mini Lozenge 2 mg</li> <li>- Lozenge 4 mg</li> <li>- Gum 2 mg and 4 mg</li> <li>- Patches 21 mg, 14 mg, 7 mg (limited to 28 days per strength)</li> </ul>

\* Covered under TRICARE Pharmacy Benefit

# Patients ≥ 65 years old not eligible