

# NUCLEAR MEDICINE GUIDANCE

## HOW TO PREPARE

- Please arrive 15 minutes prior to your scheduled appointment and bring any previous X-rays that you may have that pertain to the exam you are scheduled for.
- If there is a possibility that you are pregnant you need to notify the technologist and your provider prior to your appointment.
- **Bone Scans/Muga/V/Q Scan - No Prep**
- **Thyroid Uptake** - No synthroid 6 weeks prior to scheduled appointment. Nothing to eat or drink 6 hours prior to scheduled appointment.
- **Gastric Emptying** - Nothing to eat or drink from midnight the night before the exam. You will need to bring in a chicken salad sandwich.
- **I131 Thyroid Treatment** - Please call (910) 450-4674 for preparation and scheduling instructions.
- **HIDA Scan** - Nothing to eat or drink for at least 6 hours prior to your scheduled appointment.

If you have any concerns or questions please call (910) 450-4674